

DGS Careers Bulletin – May 2019

Transition Year

TY students are busy preparing for their mock interviews on Friday 10th May. A number of local business volunteers from Dundalk Chamber of Commerce will be in the school to put the students through their paces. Students will receive feedback via the Interview Assessment Form which will be posted along with their Module 3 & 4 reports in June.

TY's have also submitted their Subject Choice Forms for 5th Year. It should be noted that if a student is unsure about one of their chosen options then they should not purchase the text book, rather wait until the start of the new school year and sit in on a few classes in the subject before going to the expense of buying the required texts and materials.

5th Year

While the summer holidays provide valuable downtime for students the long break can also provide an opportunity to get some groundwork done before sixth year gets underway. Examples of this include compiling web-based research/documents that will form part of your Agricultural Science project. Students contemplating applying to courses in UK or European Universities could start identifying colleges, course information including entry requirements and application timelines.

A key component of the application to the U.K. colleges requires students to draft a personal statement. This has already been covered in class and students are encouraged to make a start on this. Visit

<https://www.studential.com/university/applying/UCAS-application-guide/personal-statement-examples/subjects> for examples of statements by subject discipline.

Finally, those considering application to Medicine in the UK should look at the UCAT (Medical Admissions Test) and consider preparing and sitting this before returning to school in late August. Visit <https://www.ucat.ac.uk/ucat/> for test information, registration and sample questions.

House Exams

Very soon the summer exams will get underway for all 1st, 2nd & 5th Year students. The short few weeks remaining can prove invaluable in preparing for the tests. Plan out your revision, targeting subjects that may require additional attention. Look back over good examples of written work, e.g. essays, and solutions to questions in areas including Maths and Book-Keeping. The following link includes some useful tips particularly for 1st & 2nd years, visit <https://www.studyclix.ie/Blog/Show/how-to-study-a-guide-for-1st-and-2nd-year-students>

College Summer Camps/Schools

An increasing number of third level colleges provide 5th year students with an opportunity to sample campus life as well as a taster of course areas on offer. These can be invaluable to students in terms of their career planning and course selection for 2020 entry. Details of a number of these camps can be found at the following links...

- Maynooth University
<https://www.maynoothuniversity.ie/study-maynooth/undergraduate-studies/summer-school>
- UCD
<https://ucdsummerschool.ie/>
- NUI Galway
<https://www.nuigalway.ie/summer-schools/>

Health & Well-Being Corner

- **How eating habits can impact on exam success**
<https://spunout.ie/education/article/easy-ways-to-eat-your-way-to-exam-success>
- **How to grow your Self Belief**
<https://spunout.ie/health/article/how-to-grow-your-self-belief>

Wishing everyone a restful and safe summer.

A.Norton.
School Guidance Counsellor.